

BRENDA L. YODER is a licensed mental health counselor, educator, and award-winning author of *Uncomplicated: Simple Secrets for a Compelling Life*, *Fledge: Launching Your Kids Without Losing Your Mind*, and *Balance, Busyness, and Not Doing It All*. She has



been featured in several Guideposts devotionals, including *Mornings with Jesus*, *Chicken Soup for the Soul* books, and *The Washington Post*, and is a contributor to the *Every Woman's Bible*. Brenda twice won the Touchstone Award for teachers.

Brenda loves antiques, gardens, front porch rockers, conversations over coffee, and her grandkids. She and her husband, Ron, raised four children on their family dairy farm in Shipshewana, Indiana, where they now host an Airbnb suite and raise Bernese Mountain dogs, goats, chickens, and cattle. They love camping and visiting their grandchildren and adult children throughout the country. Connect with Brenda at [brendayoder.com](http://brendayoder.com).